

Part-Time Strength and Conditioning Coach

Pingree School is a dynamic and aspirational, independent, all-gender day school on the North Shore of Boston, located on a beautiful 100-acre campus in South Hamilton, where approximately 385 students in grades 9 through 12 solve problems, build community, and learn how to learn. Pingree School empowers every community member to pursue knowledge with courage and imagination, thrive in joy and challenge, and create a more just and equitable world. Committed to developing global citizens, Pingree actively seeks faculty and students of character and intelligence from diverse social, ethnic, and socio-economic backgrounds.

Pingree School seeks an experienced Part-Time Strength and Conditioning Coach to join our Athletics Department for Spring of the 2023-2024 school year with the potential to continue into 2024-25. The Strength and Conditioning Coach manages all Strength and Conditioning activities ranging from the co-curricular to varsity level. This is a part-time position with a stipend. The Strength and Conditioning Coach directs and coordinates all aspects of the Strength and Conditioning program in concert with Pingree's mission and values.

Key responsibilities include, without limitation:

- Preparing for and operating one to two sections of daily afternoon activities; scheduling,
- Preparing for, and operating training sessions with varsity and junior varsity teams;
- Coordinating with the Athletic Training Department to provide programming for injured athletes;
- Assessing the condition of fitness equipment and communicating needs to the Athletics Department;
- Attending coaches' meetings and trainings each season; and handling other administrative tasks as needed.
- The successful coach will be committed to working with and developing high school students within the context of a day school committed to promoting health and wellness, citizenship, teamwork, and sportsmanship.

Qualifications and skills required for position:

- Ability to teach safe and effective exercise technique including Olympic lifts, plyometrics, speed development, and mobility;
- Nationally-recognized certification required, CSCS preferred;
- A minimum of 1-2 years' coaching and/or programming experience preferred;
- Bachelor's degree in kinesiology, exercise science, or a related field preferred;
- Passion for working with and developing high school student-athletes;
- Strong interpersonal and communication skills;

- A demonstrated commitment to equity, inclusion and anti-racism and the ability to foster inclusive team culture;
- Commitment to working collegially in a diverse community and communicating effectively with a diverse population.

To apply for the Head Strength and Conditioning Coach position, please submit a cover letter and resume, along with contact information for two professional references to Laura Ogden, Director of Human Resources, at logden@pingree.org.

Pingree School is proud to be an equal opportunity employer. Pingree does not discriminate against applicants or employees on the basis of race, sex, pregnancy or pregnancy-related condition, color, religion, national origin, age, ancestry, sexual orientation, disability, gender identity or expression, veteran or active military status, genetics, natural or protective hairstyle, or any other category protected by state, federal or local law.